

CPD Programme

The CIBSE Journal CPD Programme

Members of the Chartered Institution of Building Services Engineers (CIBSE) and other professional bodies are required to maintain their professional competence throughout their careers. Continuing professional development (CPD) means the systematic maintenance, improvement and broadening of your knowledge and skills, and is therefore a long-term commitment to enhancing your competence. CPD is a requirement of both CIBSE and the Register of the Engineering Council (UK).

CIBSE Journal is pleased to offer this module in its CPD Programme. The

programme is free and can be used by any reader. It is organised jointly by CIBSE Journal and London South Bank University, and will help you to meet CIBSE's requirement for CPD. It will equally assist members of other institutions, who should record CPD activities in accordance with their institution's guidance.

Simply study the module and complete the questionnaire on the final page, following the instructions for its submission. Modules will remain available online at www.cibsejournal.com/cpd while the information they contain remains current. You can also undertake the questionnaire online, and receive your results back by return email.



Radiant heating panels

This CPD article considers the attributes and applications of low-temperature radiant heating panels as an aid to cutting the carbon dioxide emissions of buildings

The use of radiant heating panels in buildings can provide an energy-efficient and space saving solution, contributing to reduced energy in a building, helping to meet the TER (Target CO₂ Emission Rate) as well as lowering its operational energy use.

Radiant heating was traditionally associated with gas-fired or steam-supplied high-temperature, high-roofed industrial applications; however, ceiling-based low-temperature radiant heating is now regularly applied to the healthcare, educational and secure facility sectors.

Reducing the building heat loss

To determine the predicted heat loss using the CIBSE Simple Method^[1] the following relationship is used:

$$\Phi_t = [F_{1cu} \Sigma(AU) + F_{2cu} C_v] (\theta_c - \theta_{ao})$$

where Φ_t is the total heat loss (W), F_{1cu} and F_{2cu} are factors that are related to the type of heat source, $\Sigma(AU)$ is the sum of the products of the surface area and corresponding U value for each surface where there is a heat flow (W · K⁻¹), C_v is the ventilation coefficient (W · K⁻¹), θ_c is the operative temperature in

the centre of the room (°C) and θ_{ao} is the outside air temperature (°C).

The factors F_{1cu} and F_{2cu} may be obtained from:

$$F_{1cu} = \frac{3(C_v + 6\Sigma A)}{\Sigma(AU) + 18\Sigma A + 1.5R[3C_v + \Sigma(AU)]}$$

$$F_{2cu} = \frac{\Sigma(AU) + 18\Sigma A}{\Sigma(AU) + 18\Sigma A + 1.5R[3C_v + \Sigma(AU)]}$$

and where $\Sigma(A)$ is the total area through which heat flows (m²), and R is the radiant fraction of the heat source; this will have a high value for radiant heat sources (with a maximum value of 1 for a pure radiant source) and a low value for predominantly convective sources (right down to of zero for forced air heaters).

In many cases when undertaking building heat loss calculations the two factors F_{1cu} and F_{2cu} practically have a value of 1 and so the heat loss expression reverts to the time honoured simplification of:

$$\Phi_t = [\Sigma(AU) + C_v] (\theta_c - \theta_{ao})$$

However, when examining the equations for F_{1cu} and F_{2cu} it can be seen that, as the value of R increases, both factors will get smaller. Similarly, a combination of a high

radiant fraction, R, with high ventilation coefficient, C_v (i.e. high air change rate), will reduce the value of the factors F_{1cu} and F_{2cu} . When high values of R and C_v are combined in large volume spaces and particularly for those with relatively small values of $\Sigma(AU)$ (i.e. low U values and/or relatively small external envelopes compared with the room volume) – there will significantly lower calculated heat losses due to the higher emitter radiant fraction.

Typical wall mounted emitters (erroneously called 'radiators') will emit 80 to 90 per cent of the heat convectively and just 10 to 20 per cent by radiant heat transfer – i.e. a low radiant fraction of 0.2. In comparison, flat plate radiant heating panels (typically ceiling mounted) will emit predominantly infrared radiation (radiant heat) – likely to be at least 67 per cent radiant – i.e. have a high radiant factor, R, of 0.67.

This radiation will travel in all directions from the panel's surface and passes through the air with virtually no absorption of heat. The radiation is then absorbed by any non-reflective surfaces; any reflected heat will be subsequently absorbed when striking >

> another surface. So the predominant (radiant) heat transfer will be transferred directly to the room occupants, contents and surfaces.

Thermal comfort

The standard index of thermal comfort for moderate environments is the operative temperature, θ_c , (formerly known as dry resultant temperature). Operative temperature (at room air velocities of below $0.1 \text{ m} \cdot \text{s}^{-1}$) is given as $\theta_c = (\theta_{ai} + \theta_r)/2$, where θ_r is the mean radiant temperature in the room (degrees C).

Using the CIBSE simple model for heat losses, the predicted internal air temperature, θ_{ai} , and mean radiant temperature, θ_r , may be evaluated for rooms using:

$$\theta_{ai} = \frac{\Phi_t(1-1.5R) + C_v\theta_{ao} + 6\Sigma A\theta_c}{C_v + 6\Sigma A}$$

$$\text{and } \theta_r = 2\theta_c - \theta_{ai}$$

Where $\Sigma(A)$ is the area of the room surfaces through which heat flow (m^2). Hence rooms can be examined to determine the effect of the emitter type on all the key parameters that make up the thermal environment when heating the space. As the radiant fraction of an emitter increases (for example if a convective type heater is replaced by a radiant type), and the operative temperature is controlled, the value of mean radiant temperature θ_r will rise, the air temperature θ_{ai} will fall. As a result of the increase in the radiant temperature, the air within a space θ_{ai} will not need heating to the same temperature as would be required with a more convective type of heating system to maintain the same comfort temperature θ_c . This is likely to be reflected in reduced energy use.

Particularly when there is sedentary occupation (for example people sitting in offices) the radiant temperature asymmetry (the difference in the perceived radiant temperature from different directions) is recommended to be below 10K to ensure reasonable comfort. Appropriate positioning of the radiant panels (for example mounted at high level around the perimeter of the space) can significantly reduce potential problems from temperature asymmetry^[2]. However care needs to be taken to ensure that they are not mounted too low. If mounted too low, occupants may complain of excessive temperatures above their head; if mounted too high, occupants may not feel the full heating benefit. For example, in a typical office or hospital environment, where occupants remain reasonably static, a manufacturer^[3] recommends a minimum mounting height of 2.7m.

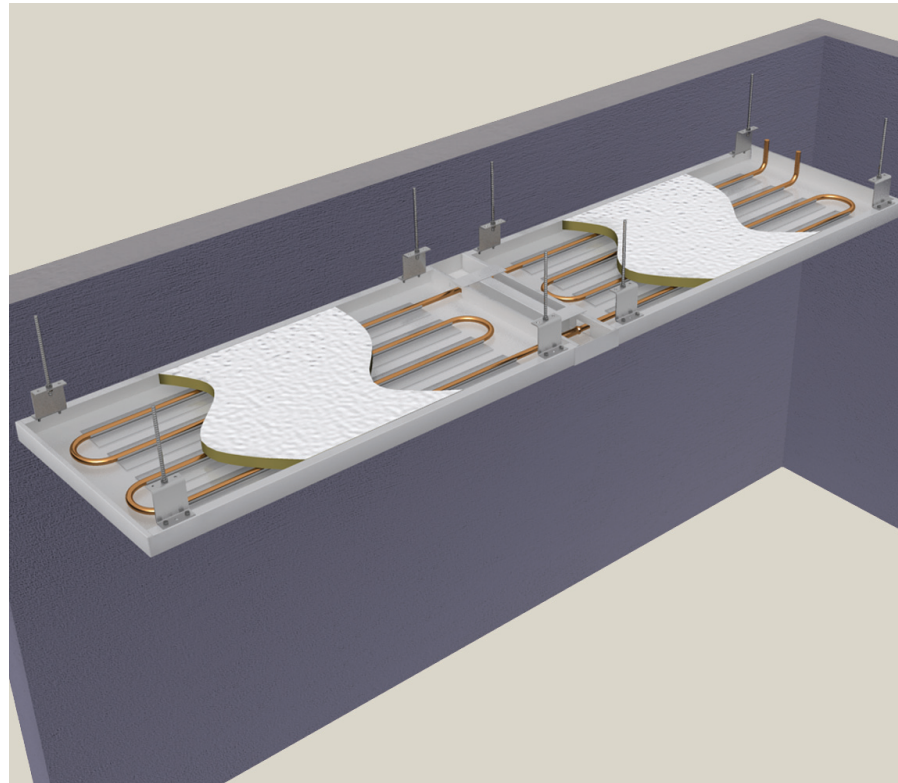


Figure 1 Typical radiant heating panel construction

The make-up and selection of radiant heating panels

Radiant heating panels are most frequently heated by low-pressure/temperature hot water (LPHW) and are manufactured from steel or aluminium panels that may normally be factory finished to suit the building's décor. A typical radiant heating panel consists of a serpentine copper tube intimately fixed to the rear of a metal panel (see Figure 1).

This construction ensures effective contact between the heating element and the radiating surface, and maximises the thermal transfer to the face of the panel. A foil faced insulation pad above the serpentine pipe reduces the convected and radiated heat from the upper surface of the panel.

Panels are available in a variety of shapes and sizes, typically ranging from widths of 300mm to lengths of 9,000mm.

The output from a radiant panel will be predominantly radiant, but there will also be some convective heat output from the panel's surface due to air movement in the room. Radiant heat transfer is determined by the panel emissivity (this is the ability of the panel to radiate heat compared with that of a radiant 'black body'), which would typically exceed 0.9, and the difference between the panel mean surface temperature and the mean radiant temperature, and emissivity of the surfaces in the room below. It has been shown that altering the emissivities of the room surfaces practically has a relatively

small effect on the heat output of the panel.^[4]

The convective heat transfer is rather more difficult to evaluate, and will be related to a number of variables including: the surface convective heat transfer coefficient; the adjacent air temperature and speed; and the direction of heat flow. CIBSE Guide B^[5] provides tables of both the radiant and convective heat transfer from flat panels. Potentially surface mounted radiant panels will emit between 400 and 600 $\text{W} \cdot \text{m}^{-2}$ at typical office temperatures.

Manufacturers' data will typically quote a mean water temperature and a 'room temperature' to enable their equipment to be sized. From the preceding discussion it is clear that it is challenging to provide a predictable value of output. However, empirical data presented by reputable manufacturers should provide a reasonably simple selection method using values obtained from standardised laboratory tests. The relatively fast thermal response of the panels will mean that they can be quickly controlled to satisfy and match changing conditions in the space, so reducing the detrimental consequences of oversized panels.

It is important to note that, when panels are installed vertically, e.g. as wall panels, or freely suspended from the soffit, the heat output is likely to increase over that for those installed in a suspended ceiling, since air movement across the face of the panels increases the convective output.



Figure 2: Suspended module including radiant heating, lighting and acoustic absorption material

Application of radiant heating panels

Radiant heating panels can be surface-mounted, freely suspended or integrated within a suspended ceiling, and can be linked to each other with pipework joined by push-fit flexible hoses. Panels may be grouped to provide zone control (for energy efficiency and comfort); directly controlled by thermostatic valves; or linked into a central control system.

The arrangement of the panels affects the water flow resistance; the actual pressure drop will be similar to that for an equivalent length of plain tube – hence it is preferable to arrange panels in parallel (as opposed to series) to minimise operational pressure drop and pumping costs.

The panels, which may be curved and profiled to satisfy aesthetic requirements, weigh approximately 15kg per sq m (depending on manufacturer), and can be suspended using drop rods, grip wire or chain. The exact method of suspension will be determined by their application.

By mounting the heating system at high level, the flexibility of the use of the occupied space is improved, whilst at the same time reducing potential damage and tampering – hence reducing maintenance requirements and associated costs. The removal of heating surfaces from the reach of occupants also reduces potential for injury.

Since the heat transfer mode is predominantly radiant, there are fewer parasitic draughts reducing unwanted air movement in the space, for example in controlled environments, such as laboratories and clean rooms, where air and dust movement must be kept to a minimum, and also where there are specific air movement regimes required for infection control.

As with other LPHW systems, radiant panels create almost no noise; this can be advantageous in areas such as sound studios, theatrical, educational and healthcare establishments.

Radiant panels are suitable for both new build and refurbishment projects. By increasing the amount of floor area available (by, for example, removing a traditional low level perimeter heating system) net lettable area can be increased, and space flexibility may also improve.

Radiant panels can be particularly suitable for the healthcare sector. Anti-bacterial paint finishes are available, which inhibit the growth of micro-organisms. Wards are hence easier to clean, requiring no removal of guards (as would be present in low level systems), and aiding infection control by reducing the cross-infection risks that may be associated with other systems. Anti-ligature panels may be used in secure facilities, such as mental health units, and prisons, to minimise the risks of self-harm.

Naturally ventilated buildings can successfully employ high-level radiant panels particularly when combined with acoustic lighting rafts (see Figure 2). Services are kept at high level, and rafts allow air to circulate, leaving concrete soffits exposed.

Conclusion

Radiant heating panels are suitable for a wide range of applications, particularly in the healthcare and educational sectors, and can help to reduce energy consumption and hence carbon emissions. As a result they can help meet TERs to satisfy building regulation requirements while ensuring performance and comfort levels are maintained.

© Tim Dwyer

With thanks to John Staunton of HCP, a division of SAS International

References

- [1] *CIBSE Guide A – Environmental Design*. CIBSE, 2006.
- [2] A, Day, Ratcliffe M, and Shepherd K, *Heating Systems, Plant and Control*. WileyBlackwell, 2003.
- [3] HCP, *HCP Technical Guidance*, 2009.
- [4] Kirby, Watson, *Radiant heating and cooling handbook*. McGraw-Hill Inc, 2000.
- [5] *CIBSE Guide B – Heating, ventilating, air conditioning and refrigeration*, CIBSE, 2005.



1. Which of these is unlikely to be true when using the CIBSE simple method to calculate a room heat loss?

- A A more radiant heat source (higher R value) will have a lower calculated heat loss.
- B In many cases factors F_{1cu} and F_{2cu} are close to a value of 1
- C A more convective heat source (lower R value) will have a lower calculated heat loss.
- D As ventilation coefficient, CV rises calculated heat loss will rise
- E As $\Sigma(AU)$ rises the heat loss will increase

2. When considering the heat transfer associated with room heating equipment, which of these is unlikely to be true?

- A Radiant heat passes through the air with little absorption of heat
- B Traditional wall mounted or floor standing 'Column radiators' are likely to have a high radiant fraction
- C Radiant heat will be absorbed directly by solid surfaces
- D Some radiant heat will be reflected before finally being absorbed
- E Flat plate radiant heaters will emit infrared radiation

3. A top floor room (20m x 10m x 3m with one outside wall) heated by a radiant heater with R of 0.9 has the following characteristics and a calculated heat loss of 4855 W. What is the room air temperature likely to be (to the nearest whole number)?

$\Sigma(A) = 245m^2$, $C_v = 120 W \cdot K^{-1}$, $\Sigma(AU) = 84.5 W \cdot K^{-1}$, $\theta_{ao} = -4^\circ C$, $\theta_c = 21^\circ C$

- A $-4^\circ C$
- B $14^\circ C$
- C $18^\circ C$
- D $21^\circ C$
- E $24^\circ C$

4. Which of these is unlikely to be a feature of a radiant panel?

- A Can be decoratively finished to suit décor
- B Likely to be steel or aluminium panel
- C Uses pipe attached intimately with the rear of the panel to supply heat from the LPHW distribution system
- D Does not have any convective heat output
- E Typically has a slow thermal response

5. The benefits of using high level radiant panels are likely to include of all these except one – which one?

- A They directly promote significant air movement
- B Relatively easy to clean
- C Kept out of reach of occupants reducing risks of injury and damage
- D Can be used in conjunction with exposed thermal mass of concrete soffits
- E Potential to increase net lettable area compared with other floor/wall mounted systems

Name (please print)

Job title

Organisation

Address

Postcode

Email

Are you a member of:

- CIBSE
- If so, please state your membership number (if available)
- Other institution (please state)

To help us develop future CPD modules, please indicate your primary job activity:

- Building services engineer
- Mechanical engineer
- Electrical engineer
- Commissioning engineer
- Energy manager
- Facilities manager
- Other (please give details)

By entering your details above, you agree that CIBSE may contact you from time to time with information about CPD and other training or professional development programmes, and about membership of CIBSE if you are not currently a member.

Please go to www.cibsejournal.com/cpd to complete this questionnaire online. You will receive notification by email of successful completion, which can then be used to validate your CPD records in accordance with your institution's guidance.

Alternatively, you can fill in this page and post to:
N Colledge, CIBSE, 222 Balham High Road, London, SW12 9BS